ICONIC

SMOKED SALMON + CREAM CHEESE	
CLASSIC - Oak-smoked salmon and cream cheese	6 90
FANCY - Our classic + cucumber, capers	0.00
and dill salad + rocket NEW	8.50
EGG MAYO •	5.20
Free-range egg, mayo, chives + tomato	
CREAM CHEESE 0	
Plain	
Plant-based	4.50
Jalapeño ♦	5.50
Chives + garlic	
Sundried tomato	5.50
SALT BEEF	8.50
Salt beef, mustard mayo + pickles	
CORONATION CHICKEN NEW	6.50
Tender chicken, spiced curry mayo with	
dried apricots + chutney on a bed of lettuce	
TUNA MAYO	6.90
House special tuna mayo mix + cucumber	
BUTTER + JAM •	3.50

HOUSE SPECIALS

HOT NOLA CHICKEN 🔥 📧

New Orleans spiced buttermilk chicken, hot mayo, pickles + crunchy coleslaw	
PASTRAMI Shaved pastrami, mustard mayo, pickles + sauerkraut	7.20
NEW YORK NEW YORK Roasted turkey breast, coleslaw, mustard mayo + pickles	7.50
TUNA MELT Tuna mix, pickled onion + melted cheddar chee	7.90 ese
CHICKEN AVOCADO Chicken breast, avocado, tomato, parmesan, olive tapenade + basil mayo	7.90
EGGPLANT SUNSHINE (SABICH) ♥ Roasted aubergine, hummus, boiled egg, caramelised onion, pickles + spinach	6.90
REUBEN Pastrami, melted cheddar, sauerkraut, mustard mayo, our Reuben sauce + pickles	8.50

BREAKFAST STYLE

OMELETTE 0

DIRTY BREAKFAST

8.50

Omelette, cream cheese, lettuce, tomato + p	oickles
FRIED EGG	7.2
Fried egg, cheddar cheese + turkey bacon	
on a buttered bagel	

6.70

7.90

Egg mayo topped with melted cheddar, turkey bacon, caramelised onion + dirty breakfast sauce

AVOCADO + VEGAN 6.50 CREAM CHEESE ®

PLANT-BASED

LOUISIANA TOFU 🔥 🕫	8.50
Tofu in a rich, sticky hot Cajun sauce,	
spicy vegan mayo pickles + crunchy coleslaw	

BBQ PULLED MUSHROOM ® 6.90 Pulled oyster mushrooms, vegan mayo, lettuce, tomato + pickles

AUBERGINE HEAVEN ® 6.90 Roasted aubergine, hummus, caramelised onion, spinach + pickles

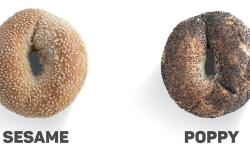
FRESHLY BAKED BAGELS







+10p





+10p







+10p

6.65

5.95

5.95



+25p



+£1 Fillings may contain gluten

8.20

7.90

8.20

FRESH JUICE

APPLE SQUEEZED ORANGE ✓ CARROT
 ADD GINGER · 60P

4.80 5.95

RECOMMENDED MIXES

APPLE + CARROT + SQUEEZED ORANGE APPLE + CARROT + GINGER

1 LITRE ORANGE JUICE 13.50

Hot drink on us for app members until 10:00am with any breakfast or smoked salmon bagel

ALSO AVAILABLE: COFFEE, TEA & MANY MORE. SEE YOU INSIDE!

MADE-TO-ORDER SMOOTHIES

Choose your base: Milk / Orange juice / Apple juice / Yogurt / Almond milk

SUPER GREENS 0

Kale, spinach, avocado, banana, cacao nibs, chia seeds, goji berries, nut mix, ground flax seeds, coconut oil + honey Recommended with almond milk base

BERRIES 0 6.30 Strawberries, blueberries, blackberries,

raspberries + banana Recommended with milk + honey base

TROPICAL ® Papaya, mango, passion fruit + pineapple Recommended with apple juice base

MIXED FRUITS @

Banana, mango + strawberry Recommended with apple juice base

BREAKFAST-Y ®

Oats, banana, peanut butter, maple syrup, cinnamon + vanilla, with almond milk base...... 6.30

SALADS

CHICKEN & AVOCADO SALAD

Roasted chicken, avocado, cherry tomatoes, cucumber & red onion, mixed leaves, mixed seeds + B Vinaigrette

TUNA SALAD 8.20

House special tuna mix, lettuce, cherry tomatoes, cucumber, red onion, boiled egg & briny kalamata olives + B Vinaigrette

QUINOA SALAD ®

Marinated tofu, mixed leaves, quinoa tabouleh, cucumber, peppery radish & flaked almonds + tahini ginger dressing

SALMON CEASER

Oak-smoked salmon, mixed leaves, bagel crisps, cherry tomatoes, cucumber, peppery radish, capers & shaved parmesan + caesar dressing

Vegetarian



- Plant-based

